

**Laura Widman, Ph.D.**  
Curriculum Vitae

NCSU Department of Psychology  
640 Poe Hall, Box 7650  
Raleigh, NC 27695

Email: [lmwidman@ncsu.edu](mailto:lmwidman@ncsu.edu)  
Website: [www.drlaurawidman.com](http://www.drlaurawidman.com)  
NC Clinical Psychologist License #: 4546

**EDUCATION & TRAINING**

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- 2004 – 2010      **Ph.D. in Clinical Psychology** - APA accredited  
University of Tennessee, Knoxville, TN
- 2009 – 2010      **Predoctoral Internship** - APA accredited, Forensic Psychology Track  
University of North Carolina, Chapel Hill, NC
- 2004 – 2006      **M.A. in Psychology**  
University of Tennessee, Knoxville, TN
- 1998 – 2003      **B.A. in Psychology** (Cum Laude)  
Seattle Pacific University, Seattle, WA

**POSITIONS**

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- 2024 – present      **Professor**  
North Carolina State University  
Department of Psychology
- 2021 – present      **CEO and Founder**  
Teen Health Research, Inc.
- 2019 – present      **Area Coordinator**  
Applied Social Psychology Doctoral Program  
North Carolina State University  
Department of Psychology
- 2019 – 2024      **Associate Professor**  
North Carolina State University  
Department of Psychology
- 2015 – 2019      **Assistant Professor**  
North Carolina State University  
Department of Psychology
- 2013 – 2015      **K99/R00 Postdoctoral Fellowship** (HD075654; PI: Widman)  
University of North Carolina, Chapel Hill  
Department of Psychology
- 2010 – 2013      **T32 Postdoctoral Fellowship** (AI07001; PI: Miller)  
University of North Carolina, Chapel Hill  
School of Medicine, Division of Infectious Diseases  
Gillings School of Global Public Health, Department of Health Behavior

## SELECTED AWARDS AND HONORS

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### Research Awards

2021	Outstanding Social Scientist Award, NC State College of Humanities and Social Sciences
2019	University Faculty Scholars Award, NC State University
2018	Outstanding Junior Faculty Award, NC State College of Humanities and Social Sciences
2016	Best Brief Communication Presentation, International Academy of Sex Research
2014	"Best Young Investigator" to represent UNC Center for AIDS Research at the national meeting
2011	Postdoctoral Scholar Award for Research Excellence, UNC Office of Postdoctoral Affairs
2009	Dissertation Research Award, American Psychological Association
2008	Grants-In-Aid Dissertation Research Award, Society for the Scientific Study of Social Issues
2008	Graduate Research Award, American Psychological Foundation/COGDOP
2008	Best Student Research, Society for Personality and Social Psychology
2008	Science Alliance Research Award for Graduate Student of the Year, University of Tennessee
2008	Dissertation Research Award, University of Tennessee

### Teaching/Mentoring Awards

2024	Finalist, Michael Dickey Outstanding Research Mentor Award, NC State University
2023	Faculty Colleague Mentoring Award, NC State College of Humanities and Social Sciences
2022	Lester A. Kirkendall Outstanding Mentor Award, Society for the Scientific Study of Sexuality
2022	Finalist, Outstanding Graduate Faculty Mentor Award, NC State University
2020	Finalist, Outstanding Graduate Faculty Mentor Award, NC State University
2014	Postdoctoral Scholar Award for Excellence in Mentoring Undergraduates, UNC Chapel Hill
2009	Distinguished Graduate Instructor, University of Tennessee College of Arts & Sciences
2009	Graduate Instructor of the Year, University of Tennessee Psychology Department
2007	Graduate Teaching Technology Award, University of Tennessee Innovative Technology Center

### Additional Awards & Honors

2011	Service Award for Science Education and Outreach, UNC
2010	Wallach Award for Predoctoral Clinical Intern of the Year, UNC School of Medicine
2003	Postgraduate Scholarship, National Collegiate Athletic Association (NCAA)
2003	Ashton Scholar Award, Psychology Student of the Year, Seattle Pacific University
1999, 2000	All-America Award from NCAA, Track & Field, Heptathlon

## RESEARCH GRANTS & AWARDS

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### Proposals Under Review

Principal Investigator	<b>NIH STTR Phase II Grant</b> (R42 HD112212)
\$2,052,000	<i>Improving Parent-Adolescent Communication about Sexual and Reproductive Health</i> National Institutes of Health (Scored 40; will resubmit Sept 2025)
Principal Investigator	<b>NIH STTR Phase I Grant</b> (R41 HD117452)
\$310,000	<i>Adapting a Digital Program to Improve Parent-Adolescent Health Communication</i> National Institutes of Health (Scored 30; resubmitted April 2025)
Co-Investigator	<b>NIH R21</b> (R21 HD112732-01)
\$250,000	<i>Online Curriculum for Pediatricians to Promote Inclusive Adolescent Sexual Healthcare</i> PI: Dr. Reina Evans-Paulson National Institutes of Health (Scored 10 <sup>th</sup> percentile, awaiting funding decision)

Co-Investigator \$250,000	<b>NIH R21</b> (1R21HD119454-01) <i>An Innovative Measure of Parent-Adolescent Communication about Online and Offline Sexual Health and Decision Making</i> PI: Dr. Reina Evans-Paulson National Institutes of Health (Scored 17 <sup>th</sup> percentile, awaiting funding decision)
Co-Principal Investigator \$125,000	<b>Breakthrough Accelerator</b> <i>Exploring commercial pathways to implement a digital solution to improve family sexual communication</i> Teen Pregnancy Prevention Tier 2 Adolescent Sexual Health Innovation Hubs DHHS Office of Population Affairs
<b><u>Funded Grants/Awards</u></b>	
Principal Investigator 9/25 – 8/26	<b>Ryse Incubator</b> <i>Centering Youth Voice in a Digital Sex Education Program for Families</i> DHHS Office of Population Affairs
Principal Investigator 09/23-08/25 \$340,135	<b>NIH STTR Phase I Grant</b> (R41 HD112212) <i>Improving Parent-Adolescent Communication about Sexual and Reproductive Health</i> National Institutes of Health
Co-Principal Investigator 09/24-09/25 \$149,75	<b>Launch Accelerator</b> (1TP2AH000087-01-00) <i>Let's Talk: An App to Revolutionize Family Communication About Sexual Health</i> Teen Pregnancy Prevention Tier 2 Adolescent Sexual Health Innovation Hubs DHHS Office of Population Affairs
Principal Investigator 7/22 – 06/25 \$152,000	<b>NIH R03</b> (R03 HD105784) <i>Predictors of Condom Use among Adolescents: A Meta-Analysis</i> National Institutes of Health
Consultant 04/23 – 03/25 \$396,000	<b>NIH / NICHD R21</b> (R21 HD100807) <i>Feasibility and acceptability of a father-based intervention to support adolescents' reproductive health</i> PI: Jennifer Grossman, PhD, Wellesley College National Institutes of Health
Independent Monitor 04/20 – 03/25 \$2,730,000	<b>NIH / NICHD R01</b> (R01 HD099134) <i>Mechanisms of Media Literacy Education for Promoting Relationship Health in Older Adolescents</i> PI: Tracy Scull, Ph.D., Innovative Research and Training, Durham, NC National Institutes of Health
Principal Investigator 07/22 – 06/23 \$4,000	<b>NC State Faculty Research Proposal Development Award</b> <i>Development of a Virtual Reality Parent-Adolescent Sexual Communication Coach</i> NC State College of Humanities and Social Sciences
Principal Investigator 06/22 – 06/23 \$50,000	<b>NSF I-Corps National Program</b> (NSF 2224291) <i>Talk Tutor: A Novel Approach to Parent-Child Sexual Communication</i> National Science Foundation
Co-Investigator 7/18 – 11/22	<b>Evidence-Based Programs to “Move the Needle” on U.S. Social Problems</b> <i>Randomized Controlled Trial of a Healthy Minds Intervention for Youth</i>

\$499,300	Laura and John Arnold Foundation
Principal Investigator 02/20 – 04/21 \$3,000	<b>NC State Proposal Preparation Program Award</b> <i>Piloting a Web-Based Sexual Health Program among Youth in Foster Care</i> NC State College of Humanities and Social Sciences
Principal Investigator 8/14 – 4/20 \$43,065	<b>NIH Loan Repayment Program</b> (L30 HD080829) <i>Adolescent HIV Prevention</i> National Institutes of Health
Principal Investigator 2/19 – 2/20 \$50,000	<b>NC Translational and Clinical Sciences Institute Pilot Grant</b> (UL1TR002489) <i>Opioid Prevention among Adolescents in Rural North Carolina</i> NC Translational and Clinical Sciences Institute
Principal Investigator 7/15 – 6/18 \$728,111	<b>R00 Pathway to Independence Award</b> (L30 HD080829) <i>Reducing HIV Risk Among Adolescents</i> National Institutes of Health
Principal Investigator 5/18 – 1/19 \$25,000	<b>Adolescent Family Planning Manuscript Award</b> <i>Parent-Based Interventions to Improve Adolescent Sexual Health: A Meta-Analysis</i> Office of Population Affairs, Department of Health and Human Services
Principal Investigator 11/17 – 6/18 \$3,000	<b>NC State Proposal Preparation Program Award</b> <i>Adapting a Web-Based Sexual Health Program for Adolescent Boys</i> NC State College of Humanities and Social Sciences
Principal Investigator 7/16 – 8/17 \$74,864	<b>NIH Diversity Supplement</b> (R00 HD075654) <i>Reducing HIV Risk Among Adolescents</i> Student: Rossana Roberts National Institutes of Health
Principal Investigator 9/13 – 6/15 \$176,800	<b>NIH K99 Pathway to Independence Award</b> (K99 HD075654) <i>Reducing HIV Risk Among Adolescents</i> National Institutes of Health
Consultant 06/16 – 06/17 \$224,800	<b>NIH/SBIR Phase II Grant</b> (R43 HD088319) <i>Test Rehearsal: Maximizing the HIV testing experience for YMSM</i> PI: Margo Adams Larsen, Ph.D., Virtually Better, Inc. MPI: Lisa Hightow-Weidman, M.D., University of North Carolina National Institutes of Health
Co-PI 7/12 – 7/13 \$20,000	<b>Center for AIDS Research Developmental Award</b> (P30 AI50410) <i>Peer Influence Susceptibility and Adolescent HIV Risk Behavior</i> University of North Carolina Center for AIDS Research Co-PI: Mitch Prinstein, Ph.D., UNC Department of Psychology
Consultant 9/12 – 7/16 \$990,000	<b>NIH/SBIR Phase II Grant</b> (R44 HD061193) <i>Middle School Media Literacy for Reproductive Health</i> PI: Tracy Scull, Ph.D., Innovative Research and Training, Durham, NC National Institutes of Health

## GRANT MENTORING

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Primary Mentor 06/25-08/25	<b>McNair Fellowship</b> PI: Luisa Cedeno Perez North Carolina State University
Primary Mentor 9/23 - present	<b>NIH Predoctoral National Research Service Award (F31 HD114366)</b> PI: Jordyn McCrimmon <i>Predictors of condom use among adolescents</i>
Primary Mentor 7/22 – 5/24	<b>NIH Predoctoral National Research Service Award (F31 MH126763)</b> PI: Julia Brasileiro <i>Adapting an eHealth HIV/STI prevention program for implementation among foster youth</i>
Scientific Advisor 2/21 – present	<b>NIH K99/R00 Pathway to Independence Award (K99 AA028777)</b> PI: Jessica Blayney <i>Technology-based intervention for alcohol-related sexual risk behaviors in young Women with sexual victimization histories</i>
Primary Mentor 7/16 – 8/17	<b>NIH Diversity Supplement (R00 HD075654)</b> PI: Rossana Roberts <i>Research Supplement to Promote Diversity in Adolescent HIV Prevention Research</i>

## PUBLICATIONS \*Indicates student or trainee co-authors whom I mentored.

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### Publication Metrics as of July 2025

h-index: 39  
i10-index: 76  
GoogleScholar citations: 6,585  
Number of papers with 100 citations or more: 22

### Authored Books

Crooks, R. L., Bauer, K., & **Widman, L.** (2025). *Our Sexuality*. 14<sup>th</sup> enhanced edition. Cengage: Boston, MA.  
*Note: This is the top selling textbook in human sexuality of more than 35 textbooks on the market. It is used by over 200 universities/organizations each semester, reaching thousands of students each year.*

Crooks, R. L., Bauer, K., & **Widman, L.** (2021). *Our Sexuality*. 14<sup>th</sup> edition. Cengage: Boston, MA.

### Peer-Reviewed Manuscripts (97 total)

\*Students I mentored or co-mentored on the project

97. \*McCrimmon, J., \*Mullins, L., **Widman, L.**, \*Stout, C., Maheux, A. (2025). What adolescents want to know about sex and relationships: A thematic analysis of adolescents' questions. *American Journal of Sexuality Education*. In Press.
96. **Widman, L.**, Evans-Paulson, R., Maheux, A., \*McCrimmon, J., \*Brasileiro, J., \*Stout, C., \*Lankster, A., & Choukas-Bradley, S. (2025). Identifying the strongest correlates of condom use among U.S. adolescents: A meta-analysis. *JAMA Pediatrics*, e245594. [10.1001/jamapediatrics.2024.5594](https://doi.org/10.1001/jamapediatrics.2024.5594)
95. Maheux, A., **Widman, L.**, \*McCrimmon, J., \*Lankster, A., & Medina, C., (2025). Digital sexual communication among adolescents: Links with sociosexual health outcomes and psychosocial distress. *Media Psychology*. In Press. <https://doi.org/10.1080/15213269.2025.2509507>

94. \*Brasileiro, J., **Widman, L.**, \*McCrimmon, J., Kotiuga, J., Lankster, A., & Aparicio, E. A. (2025). Strategies to improve the sexual and reproductive health of youth in out-of-home care: A systematic review. *Sexuality Research and Social Policy*. In Press. [10.1007/s13178-025-01126-3](https://doi.org/10.1007/s13178-025-01126-3)
93. \*Brasileiro, J., **Widman, L.**, Norwalk, K., Desmarais, S., Wechsberg, W., \*Seebaluck, K., & Go, V. F. (2025). Identifying barriers and facilitators of implementing a sexual and relationship health intervention within the child welfare system: A mixed methods study. *Journal of Sex Research*. In press. [10.1080/00224499.2025.2457445](https://doi.org/10.1080/00224499.2025.2457445)
92. \*McCrimmon, J., **Widman, L.**, & \*Brasileiro, J. (2025). Adolescent barriers to sexual communication with their parents: Differences by sexual and gender identity. *Journal of Sex Research*, 62(4), 610-621. [10.1080/00224499.2024.2362899](https://doi.org/10.1080/00224499.2024.2362899)
91. Maheux, A. J.,+ \*Javidi, H.,+ \*McCrimmon, J., & **Widman, L.** (2025). Sexual consent cognitions and consent-seeking behaviors among U.S. adolescents. *Sexuality and Culture*, 29, 782-797. [doi.org/10.1007/s12119-024-10297-x](https://doi.org/10.1007/s12119-024-10297-x)  
+indicates joint first-authorship
90. Maheux, A. J., **Widman, L.**, \*Stout, C. & Choukas-Bradley, S. (2024). Profiles of early adolescents' health risk communication with parents: Gender differences and associations with health risk behavior. *Journal of Child and Family Studies*, 33, 3651–3663. <https://doi.org/10.1007/s10826-024-02940-w>
89. \*Galper, E., **Widman, L.**, Brasileiro, J., & Noar, S. M. (2024). Adolescents' pornography viewing frequency and its relationships with condom attitudes. *Sexual Health*, 21. [doi.org/10.1071/SH24025](https://doi.org/10.1071/SH24025)
88. Maheux, A. J., Laurenceau, J.-P., Roberts, S. R., Nesi, J., **Widman, L.**, & Choukas-Bradley, S. (2024). Longitudinal change in appearance-related social media consciousness and depressive symptoms: A within-person analysis during early-to-middle adolescence. *Journal of Youth and Adolescence*, 53:2287–2299. [doi.org/10.1007/s10964-024-01998-5](https://doi.org/10.1007/s10964-024-01998-5)
87. \*Javidi, H., **Widman, L.**, \*Maheux, A. J., \*McCrimmon, J., Evans-Paulson, R. & \*Becker, W. (2024). PACT: Developing and evaluating a digital sexual consent program for youth. *Journal of Sex Research*, 61, 466-480. [doi.org/10.1080/00224499.2023.2208560](https://doi.org/10.1080/00224499.2023.2208560)
86. \*Hurst, J. L., **Widman, L.**, \*Brasileiro, J., \*Maheux, A. J., \*Evans, R., & Choukas-Bradley, S., (2024). Parents' attitudes towards the content of sex education in the USA: Associations with religiosity and political affiliation. *Sex Education*, 24, 108-124. [doi.org/10.1080/14681811.2022.2162871](https://doi.org/10.1080/14681811.2022.2162871)
85. Lipsey, N. P., Burnette, J. L., Becker, W., Baker, L., & **Widman, L.** (2024). A test of the growth mindset compensatory message in the context of youth mental health. *International Journal of Applied Positive Psychology*, 9(3), 1617-1634. [doi.org/10.1007/s41042-024-00183-0](https://doi.org/10.1007/s41042-024-00183-0)
84. \*Brasileiro, J., **Widman, L.**, Norwalk, K., \*McCrimmon, J., & \*Mullins, L. (2023). National trends and disparate access to formal and informal sex education among youth involved with the child welfare system in the USA. *Sex Education*, 23(6), 723-739. [doi.org/10.1080/14681811.2022.2134102](https://doi.org/10.1080/14681811.2022.2134102)
83. \*Maheux, A., **Widman, L.**, \*Hurst, J. L., Craig, E., \*Evans, R., & Choukas-Bradley, S. (2023). Behavioral measures to assess adolescent sexual communication with partners: A systematic review and call for further studies. *Journal of Sex Research*, 60, 36-44. [doi.org/10.1080/00224499.2022.2103072](https://doi.org/10.1080/00224499.2022.2103072)



82. \*Javidi, H., **Widman, L.**, \*Evans-Paulson, R., & \*Lipsey, N. (2023). Internal consent, affirmative external consent, and sexual satisfaction among young adults. *Journal of Sex Research*, 60, 1148-1158. [doi.org/10.1080/00224499.2022.2048628](https://doi.org/10.1080/00224499.2022.2048628)
81. \*McCrimmon, J., **Widman, L.**, \*Javidi, H. S., \*Brasileiro, J., & \*Hurst, J. (2023). Evaluation of an online sexual health program for adolescents: A randomized controlled trial. *Health Promotion Practice*, 15248399231162379. [doi.org/10.1177/15248399231162379](https://doi.org/10.1177/15248399231162379)
80. \*Bibby, E. S., Choukas-Bradley, S., **Widman, L.**, Turpyn, C., Prinstein, M. J., & Telzer, E. H. (2023). A longitudinal assessment of adolescents' sexual communication with parents, best friends, and dating partners. *Developmental Psychology*, 59, 1300-1314. [doi.org/10.1037/dev0001556](https://doi.org/10.1037/dev0001556)
79. **Widman, L.**, \*Maheux, A., Craig, E., \*Evans-Paulson, R., & Choukas-Bradley, S. (2022). Sexual communication between adolescent partners: A scoping review and directions for future research. *Journal of Sex Research*, 59 (8), 984-999. [doi.org/10.1080/00224499.2022.2099787](https://doi.org/10.1080/00224499.2022.2099787)
78. \*Stewart, J. L., Wallace, D. D., \*Nance, A., Schalkoff, C. A., Castonguay, B. U., **Widman, L.**, Carey, M. P., Golin, C. E. (2022). Validated HIV knowledge scales for use with youth and adults: A systematic review. *AIDS and Behavior*, 26, 1695-1715. [doi.org/10.1007/s10461-021-03521-4](https://doi.org/10.1007/s10461-021-03521-4)
77. \*Evans-Paulson, R., **Widman, L.**, \*Javidi, H., & \*Lipsey, N. (2022). Examining the efficacy of STD testing public health messages tailored to youths' regulatory focus. *Journal of Experimental Psychology: Applied*, 28, 835-848. [doi.org/10.1037/xap0000421](https://doi.org/10.1037/xap0000421)
76. \*Hurst, J. L., **Widman, L.**, \*Evans, R., Maheux, A., \*Brasileiro, J., \*Lipsey, N., and Choukas-Bradley, S. (2022). Parent-child communication and adolescent sexual decision-making: An application of Family Communication Patterns Theory. *Journal of Family Psychology*, 36, 449-457. [doi.org/10.1037/fam0000916](https://doi.org/10.1037/fam0000916)
75. \*Evans, R., Stokes, M. N., Hope, E. C., **Widman, L.**, & Cryer-Coupet, Q. R. (2022). Parental influence on sexual intentions of Black adolescent girls: Examining the role of gendered-racial socialization. *Journal of Family Psychology*, 36, 318-323. [doi.org/10.1037/fam0000874](https://doi.org/10.1037/fam0000874)
74. \*Stewart, J. L., \*Kamke, K., **Widman, L.**, & Hope, E. C. (2022). They see sex as something that's reproductive and not as something people do for fun: Shortcomings in adolescent girls' sexual socialization from adults. *Journal of Adolescent Research*, 37, 250-279. [doi.org/10.1177/07435584211020299](https://doi.org/10.1177/07435584211020299)
73. \*Kamke, K., \*Stewart, J. L., \*Evans, R., & **Widman, L.** (2022). Multilevel barriers to sexual health behavior among vulnerable adolescent girls in the United States. *Sexuality Research and Social Policy*, 19, 822-833. [doi.org/10.1007/s13178-021-00594-7](https://doi.org/10.1007/s13178-021-00594-7)
72. \*Kamke, K., **Widman, L.**, & \*Javidi, H. (2022). The multidimensionality of adolescent girls' gender attitudes. *Gender Issues*, 39, 236-251. [doi.org/10.1007/s12147-021-09288-1](https://doi.org/10.1007/s12147-021-09288-1)
71. \*Allison, B., **Widman, L.**, \*Stewart, J. L., \*Evans, R., & Perry, M. (2022). Adherence to PrEP in adolescents and young adults: A systematic review and meta-analysis. *Journal of Adolescent Health*, 70, 28-41. [doi.org/10.1016/j.jadohealth.2021.04.001](https://doi.org/10.1016/j.jadohealth.2021.04.001)
70. \*Evans-Paulson, R., **Widman, L.**, \*Javidi, H., & \*Lipsey, N. (2022). Is regulatory focus related to condom use, HIV/STI testing, and sexual satisfaction? *Journal of Sex Research*, 59, 504-514. [doi.org/10.1080/00224499.2021.1961671](https://doi.org/10.1080/00224499.2021.1961671)

69. \*Carrino, E. A., \*Bryen, C. P., Maheux, A. J., \*Stewart, J. L., Roberts, S. R., **Widman, L.**, & Choukas-Bradley, S. (2022). Are feminists empowered activists or entitled whiners? A thematic analysis of U.S. adolescents' definitions of "feminist" in a diverse, mixed-gender sample. *Sex Roles*, 86, 395-414. [doi.org/10.1007/s11199-021-01260-3](https://doi.org/10.1007/s11199-021-01260-3)
68. McMahan, L. D., Lombe, M., Evans, C. B. R., Enelamah, N. V., Chu, Y., Simms, S., Verkamp-Ruthven, J., Reyes Martinez, J., Mweemba, O., LaForest, L., Jones, D. J., & **Widman, L.** (2022). Getting to Zero HIV/AIDS in sub-saharan Africa: Understanding perceptions of locals using the social determinants of health framework. *Health & Social Care in the Community*, 30, e739-e748. [doi.org/10.1111/hsc.13444](https://doi.org/10.1111/hsc.13444)
67. \*Brasileiro, J., **Widman, L.**, \*Spiva, S. & Norwalk, K. (2022). Identifying gaps in training on sexual health for caregivers of adolescents in foster care. *Vulnerable Children and Youth Studies*, 17, 119-129. [doi.org/10.1080/17450128.2021.1975859](https://doi.org/10.1080/17450128.2021.1975859)
66. \*Maheux, A. J., Roberts, S. R., Nesi, J., **Widman, L.**, & Choukas-Bradley, S. (2022). Longitudinal associations between appearance-related social media consciousness and adolescents' depressive symptoms. *Journal of Adolescence*, 94, 264-269. [doi.org/10.1002/jad.12009](https://doi.org/10.1002/jad.12009)
65. \*Maheux, A. J., Roberts, S. R., Nesi, J., **Widman, L.**, & Choukas-Bradley, S. (2022). Psychometric properties and factor structure of the appearance-related social media consciousness scale among emerging adults. *Body Image*, 43, 63-74. [doi.org/10.31234/osf.io/gja83](https://doi.org/10.31234/osf.io/gja83)
64. \*Troutman-Adams, E., Noar, S. M., Nabi, R., \*Evans, R., & **Widman, L.** (2022). How emotional shifts effect youth perceptions of opioid risk and efficacy: Testing the Know the Truth Campaign Narratives. *Health Communication*, 37, 1820-1831. [doi.org/10.1080/10410236.2021.1921349](https://doi.org/10.1080/10410236.2021.1921349)
- 63. Widman, L.**, \*Javidi, H., Mkamkaheux, A. J., \*Evans, R., Nesi, J. L., & Choukas-Bradley, S. (2021). Sexual communication in the digital age: Adolescent sexual communication with parents and friends about sexting, pornography, and starting relationships online. *Sexuality & Culture*, 25, 2092-2109. [doi.org/10.1007/s12119-021-09866-1](https://doi.org/10.1007/s12119-021-09866-1)
62. \*Brasileiro, J., **Widman, L.**, & \*Hurst, J. L. (2021). Sexual self-efficacy and sexual communication among adolescent girls: Moderated mediation results from a randomized controlled trial. *Psychology and Health*, 38, 1273-1287. [doi.org/10.1080/08870446.2021.2012573](https://doi.org/10.1080/08870446.2021.2012573)  
**Selected as Editor's Choice article**
61. \*Evans, R., **Widman, L.**, \*Brasileiro, J., Maheux, A. J., & Choukas-Bradley, S. (2021). Examining the link between sexual self-concept and sexual communication among adolescents. *Communication Quarterly*, 69, 525-543. [doi.org/10.1080/01463373.2021.1969585](https://doi.org/10.1080/01463373.2021.1969585)
60. \*Javidi, H., **Widman, L.**, \*Lipsey, N., \*Brasileiro, J., Jhala, A., & Javidi, F. (2021). Redeveloping a digital sexual health intervention for adolescents to allow for broader dissemination: Implications for HIV and STD prevention. *AIDS Education and Prevention*, 33, 89-102. [doi.org/10.1521/aeap.2021.33.2.89](https://doi.org/10.1521/aeap.2021.33.2.89)
59. \*Brasileiro, J., **Widman, L.**, \*Javidi, H., & \*Evans, R. (2021). The role of social self-efficacy on sexual communication among adolescents in the United States: A cross-sectional study. *Sexual Health*, 18, 172-179. [doi.org/10.1071/sh20221](https://doi.org/10.1071/sh20221)
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### **Book Chapters (8 total)**

8. Macapagal, K., Wongsomboon, V., Gordon, J. D., Nelson, K. M., & **Widman, L. M.** (2024) Online sexual communication and partner seeking among adolescents. *Children and Screens: A Handbook on Digital Media and the Development, Health, and Well-being of Children and Adolescents*. Springer: New York.
7. **Widman, L.**, & \*Stewart, J. L. (2019). Adolescent sexual communication scale. In R. Milhausen, T. D. Fisher, C. M. Davis, W. L. Yarber, & S. L. Davis (Eds.), *Handbook of Sexuality-Related Measures*, 4<sup>th</sup> edition (pp. 251-253). New York: Routledge.
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### **Book Reviews**



**Widman, L.** (2014). Book Review: APA Handbook of Sexuality and Psychology. *Psychology of Women Quarterly*, 38, 575-576.

### **Manuscripts Under Revision or Review**

**Widman, L.**, Allison, B., Burnette, J. L., Grossman, J. M., \*Lankster, A., \*McCrimmon, J., \*Sell-Goodhand, E., Percher, S., & Jhala, A. (revise and resubmit). A Digital Program to Promote Sexual and Relationship Health Conversations between Parents and Early Adolescents: Development and Acceptability Testing Results. *Journal of Sex Research*.

\*McCrimmon, J., **Widman, L.**, \*Brasileiro, J., Maheux, A., Evans-Paulson, R., Stout, C., & Choukas-Bradley, S. (revise and resubmit). Predictors of condom use among Black adolescents: A meta-analysis. *Health Psychology*.

Grossman, J., Toledo, J. A. J., Richer, A. M., Sullivan, M., & **Widman, L.** (revise and resubmit). Co-parenting conversations: Father and mother collaboration in talk with teens about sex. *Journal of Marriage and Family*.

\*Brasileiro, J., \*McCrimmon, J., \*Sell-Goodhand, E. Maheux, A., Evans-Paulson, R., \*Stout, C., \*Lankster, A., Choukas-Bradley, S., & **Widman, L.** (Under Review). Methodological factors moderating the association between depression and condom use among adolescents: A meta-analysis.

\*Lankster, A., **Widman, L.**, \*McCrimmon, J., \*Brasileiro, J., Maheux, A., Evans-Paulson, R., Stout, C., Choukas-Bradley, S., & \*Sell-Goodhand, E. (Under Review). Safer sex self-efficacy and condom use among adolescents: A systematic review and meta-analysis.

### **Manuscripts in Preparation**

\*Sell-Goodhand, E., **Widman, L.**, Cedeno Perez, L., & McCrimmon, J. (In Prep). Sexual health of youth who have immigrated to the U.S.: A systematic review.

### **SELECTED RESEARCH PRESENTATIONS**

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**Widman, L.**, Maheux, A. J., Craig, E., Evans-Paulson, R., Brasileiro, J. & Choukas-Bradley, S. (2026, April Planned). Understanding adolescent sexual communication: Development of the ASC model for theory and intervention. Abstract submitted to the Society for Behavioral Medicine conference, Chicago, IL.

Li, S., Cardel, M., Bauermeister, J., Hightow-Weidman, L., & **Widman, L.** (2026, April Planned). Pathways to Mutual Success: Bridging Academia and Industry in Behavioral Medicine. Panel discussion submitted to the Society for Behavioral Medicine conference, Chicago, IL.

\*Stout, C. D., **Widman, L.**, Evans-Paulson, R., \*McCrimmon, J., Brasileiro, J., \*Lankster, A., & Choukas-Bradley, S. (2026, March planned). Predictors of condom use among sexual and gender minority adolescents: A narrative review. Society for Research on Adolescence Biennial Meeting, Toronto, Canada.

\*Stout, C. D., **Widman, L.**, Evans-Paulson, R., \*McCrimmon, J., Brasileiro, J., \*Lankster, A., & Choukas-Bradley, S. (2025, November planned). Predictors of condom use among sexual and gender minority adolescents: A narrative review. The Society for the Scientific Study of Sexuality Annual Conference, Philadelphia, PA.



- \*Lankster, A., **Widman**, L., Mishra, A., \*Sell-Goodhand, E., & \*McCrimmon, J. (2025, November planned). Condom use at first sexual intercourse and subsequent condom use: An analysis of early initiators. Abstract Submitted to the Society for Scientific Study of Sexuality Conference, Philadelphia, PA.
- \*McCrimmon, J., **Widman**, L., Maheux, A., \*Brasileiro, J., Evans-Paulson, R., \*Lankster, A., Stout, C., Choukas-Bradley, S. (2025, November planned). Psychosocial Correlates of Condom Use Behavior Among Black Adolescents: A Meta-Analysis. Abstract submitted to the Society for the Scientific Study of Sexuality Annual Conference, Philadelphia, PA.
- \*Cedeño Pérez, L., \*Sell-Goodhand, E., **Widman**, L. (July, 2025). Sexual health outcomes of first-generation Latine adolescents. North Carolina State University's Summer Undergraduate Research & Creativity Symposium, Raleigh, NC.
- Widman**, L., Percher, S., Allison, B., & Jhala, A. (2025, June). Let's Talk: A digital solution for better sexual communication between parents and early adolescents. Poster presented at the International Academy of Sex Research conference. Portland, Maine.
- Maheux, A. J., **Widman**, L., \*McCrimmon, J., \*Lankster, A., & Medina, C. (2025, May). Digital sexual communication among adolescents: Links with sociosexual health outcomes and psychosocial distress. In Ward, L. M. (Chair), Overlooked voices: Media experiences and contributions to well-being for gender, sexual, and racial minority adolescents. Symposium presented at the biennial conference of the Society for Research in Child Development, Minneapolis, MN.
- \*Cedeño Perez, L., \*Painter, M., \*McCrimmon, J., & Widman, L. (2025, April). Parental confidentiality protections for adolescents surrounding STI testing by state. Poster presented at the NC State University's Spring Undergraduate Research & Creativity Symposium, Raleigh, NC
- \*Painter, M., \*Cedeño Perez, L., \*McCrimmon, J., & **Widman**, L. (2025, April). Laws Surrounding Parental Consent in Adolescent Access to Contraceptives by State. Poster presented at the NC State University's Spring Undergraduate Research & Creativity Symposium, Raleigh, NC
- \*Ryan, S., \*McCrimmon, J., \*Lankster, A., & **Widman**, L. (2025, April). Assessing the relationship between healthcare discrimination and seeking out sexual healthcare. Poster presented at the NC State University's Spring Undergraduate Research & Creativity Symposium, Raleigh, NC
- \*Hilliard, C., \*McCrimmon, J., \*Sell-Goodhand, E., & **Widman**, L. (2025, April). Gender differences in STI and HIV testing behaviors in youth. Poster presented at the NC State University's Spring Undergraduate Research & Creativity Symposium, Raleigh, NC
- \*Brasileiro, J., \*McCrimmon, J., **Widman**, L., Maheux, A. J., Evans-Paulson, R., \*Stout, C. D., \*Lankster, A., & Choukas-Bradley, S. (2025, April). Methodological factors moderating the association between depression and condom use among adolescents: A meta-analysis. Talk submitted to the Society for Adolescent Health and Medicine conference.
- Widman**, L., \*Lankster, A., \*McCrimmon, J., \*Sell-Goodhand, E., Allison, B., Grossman, J., Burnette, J., Percher, S. & Jhala, A. (2025, February). Designing Let's Talk: An app for less cringey sex ed conversations between parents and early adolescents. Data blitz planned for presentation at the Sexuality Preconference, Society for Personality and Social Psychology Conference, Denver, CO.
- \*Lankster, A., **Widman**, L., \*McCrimmon, J., \*Brasileiro, J., Maheux, A., Evans-Paulson, R., Stout, C., Choukas-Bradley, S. (2025, February). Safer sex self-efficacy and condom use among adolescents: A systematic review and meta-analysis. Poster planned for presentation at the Society for Personality and Social Psychology Conference, Denver, CO.

- \*Lankster, A., **Widman**, L., \*McCrimmon, J., \*Brasileiro, J., Maheux, A., Evans-Paulson, R., Stout, C., Choukas-Bradley, S. (2024, September). Measurement characteristics moderating the effect of self-efficacy on adolescent condom use: A meta-analysis. Abstract presented at the STI Prevention Conference, Atlanta, GA.
- \*Ryan, S., \*Coltrane, A., \*Lankster, A., & **Widman**, L. (2024, April). Using brief animated videos as a sexual education medium for parents and children. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.
- \*Helderman, S., \*Hilliard, C., \*Lankster, A., & **Widman**, L. (2024, April). Using Facebook to recruit and facilitate parent advisory groups: Lessons learned. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.
- \*Mullane, X., \*Richards, L., \*McCrimmon, J., & **Widman**, L. (2024 April). Sexual consent self-efficacy among youth who identify as LGBTQ+. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.
- \*Munugoti, S., **Widman**, L., Yocom, J. (2024, April). Gender differences in parental communication on adolescent sexual health. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.
- \*Brasileiro, J., **Widman**, L., \*Seebaluck, K., Norwalk, K., \*McCrimmon, J. (2024, May). Using the Consolidated Framework for Implementation Research to identify barriers and facilitators to implementing a sexual health program within the child welfare system. Talk presented at the Society for Prevention Research conference, Washington, DC.
- \*McCrimmon, J., **Widman**, L., Evans-Paulson, R., Maheux, A., \*Brasileiro, J., \*Stout, C., \*Lankster, A., Choukas-Bradley, S. (2024, September). Parental sexual communication & parental monitoring as correlates of condom use among Black adolescents: A meta-analysis. Poster presented at the biennial STI Prevention Conference, Atlanta, GA
- Widman**, L., Percher, S., \*Lankster, A., Burnette, J., Allison, B., Grossman, J., & Jhala, A. (2024, June). Developing an app to support family communication about sexual and relationship health. Abstract presented at the International Society for the Study of Behavioral Development. Portugal, Spain.
- Widman**, L., Maheux, A., \*McCrimmon, J., \*Brasileiro, J., \*Stout, C., \*Lankster, A., Evans-Paulson, R., & Choukas-Bradley, S. (2024, July). Identifying the strongest correlates of condom use among U.S. adolescents: A meta-analysis. Poster presented at the International Academy of Sex Research meeting, Berlin, Germany.
- \*Lankster, A., **Widman**, L., Evans-Paulson, R., Maheux, A., \*McCrimmon, J., \*Brasileiro, J., \*Stout, C., & Choukas-Bradley, S. (2023, November). Safer sex self-efficacy as a correlate of condom use behavior in adolescents: A meta-analysis. Poster presented at the Society for the Scientific Study of Sexuality Annual Conference, New Orleans, LA.
- \*Richards, L., \*Mullane, X., \*Brasileiro, J., \*McCrimmon, J., & **Widman**, L. (2023, November). Sexual health programs for parents of youth with intellectual disabilities: A review. Poster presented at the Society for the Scientific Study of Sexuality Annual Conference, New Orleans, LA.
- Widman**, L., Evans-Paulson, R., Maheux, A., \*McCrimmon, J., \*Brasileiro, J., \*Stout, C., \*Lankster, A., & Choukas-Bradley, S. (2023, November). Meta-analysis in progress: Psychosocial correlates of condom

use among adolescents. Poster presented at the Society for the Scientific Study of Sexuality Annual Conference, New Orleans, LA.

\*McCrimmon, J., \*Brasileiro, J., **Widman**, L. (2023, November). Parent-Child Sexual Communication about Risk and Pleasure: The Role of Intergenerational Communication and Sexual Self-Concept. Talk presented at the Society for the Scientific Study of Sexuality Annual Conference, New Orleans, LA.

\*Brasileiro, J., \*McCrimmon, J., \*Mullane, X., \*Seebaluck, K., & **Widman**, L. (2023, November). Adapting an online sexual health program for youth in foster care: Feedback from a youth advisory board. Talk presented at the Society for the Scientific Study of Sexuality, New Orleans, LA.

\*Galper, E. F., **Widman**, L., \*Brasileiro, J., & Noar, S. M. (2023, November). Adolescent's Pornography Viewing Frequency and Condom Use Attitudes: An exploratory Study. Paper presented at the National Communication Association, National Harbor, Maryland, United States.

Choukas-Bradley, S., Maheux, A. J., Roberts, S. R., Laurenceau, J. P., Nesi, J., & **Widman**, L. (2023, October). A longitudinal investigation of adolescents' appearance-related social media consciousness: Associations with depressive symptoms and gender. Symposium presented at the annual meeting of the American Academy of Child & Adolescent Psychiatry, New York, NY.

**Widman**, L., \*Maheux, A., \*McCrimmon, J., \*Brasileiro, J. & Craig, E., (2023, August). Adolescents' online and offline communication about pleasure, protection, and relationship status. Poster presented at the International Academy of Sex Research. Montreal, Canada.

\*Mullins, L., \*McCrimmon, J., \*Seebaluck, K., Stout, C., Maheux, A., & **Widman**, L. (2023, June). What do teens want to learn? Common themes in teens' questions about sex and relationships. Poster presented at the ABCT Student SIG Student Research Symposium, Virtual Conference.

\*Brasileiro, J., \*Kotiuga, J., \*McCrimmon, J., **Widman**, L., Aparicio, E. (2023, May). Strategies to improve the sexual health of youth in out-of-home care: A systematic review. Poster presented at the Society for Prevention Research, Washington, DC.

\*Mullins, L., \*McCrimmon, J., \*Seebaluck, K., \*Stout, C., \*Maheux, A., & **Widman**, L. (2023, April). Informing sex education: Teens' questions about sex and relationships. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.

\*Spence, C. A., \*Seebaluck, K., \*Mullins, L., \*Richards, L., & **Widman**, L. (2023, April). Examining the connection between parental monitoring and depressive symptoms in LGBTQ+ youth. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.

\*Mullane, X., \*Richards, L., \*Mullins, L., \*Brasileiro, J., & **Widman**, L. (2023, April). Identifying Improvements for STI/HIV Prevention Programs Delivered to Youth in Juvenile Justice Facilities. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.

\*Richards, L., \*Mullane, X., \*Brasileiro, J., & **Widman**, L. (2023, April). Sexual health programs for parents of youth with intellectual disabilities: A review. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.

\*McCrimmon, J., \*Hurst, J.L., \*Brasileiro, J., & **Widman**, L. (2023, April). Adolescent Barriers to Sexual Communication with their Parents: Differences by Gender and Sexual Identity. Individual Paper Submitted to the Society of Research on Adolescence, San Diego, California.

- \*Lipsey, N. P., Burnette, J. L., & **Widman**, L. (2022, February). Implementing a growth mindsets mental health intervention during the COVID-19 pandemic. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Francisco, CA.
- Astle, S., \*Hurst, J., & **Widman**, L. (2022, November). Whose job is it anyway? Parent perspectives of responsibilities for educating their children about sex. Paper presented at the National Council on Family Relations, Minneapolis, MN.
- \*McCrimmon, J., **Widman**, L., \*Javidi, H., & \*Rowland, M. (2022, November). Associations between stress and depression in adolescents: The role of romantic relationship and sexual satisfaction. Brief communication presented at the Society for the Scientific Study of Sexuality conference, Vancouver, BC, Canada.
- \*Javidi, H., **Widman**, L., \*McCrimmon, J., Maheux, A., & \*Evans-Paulson, R. (2022, November). PACT: Developing and evaluating a digital sexual consent program for youth. Talk presented at the Society for the Scientific Study of Sexuality conference, Vancouver, BC, Canada.
- \*Javidi, H., **Widman**, L., \*Katowitz, S., \*Singh, A., & \*Sugiyama, O. (2022, September). A qualitative examination of young adults' understanding of sexual consent. Poster presented at the Kinsey Institute's 75th Anniversary Research Symposium, Bloomington, Indiana.
- Widman**, L., Maheux, A., Craig, E., \*Evans-Paulson, R., & Choukas-Bradley, S. (2022, July). Sexual communication between adolescent partners: A scoping review and directions for future research. Poster presented at the Annual Meeting of the International Academy of Sex Research, Reykjavík, Iceland.
- Maheux, A. J., \*Javidi, H., \*McCrimmon, J., & **Widman**, L. (2022, July). Sexual consent cognitions and behaviors among a national sample of U.S. adolescents. Poster presented at the Annual Meeting of the International Academy of Sex Research, Reykjavík, Iceland.
- \*Hurst, J. L., **Widman**, L., & \*Maheux, A. J. (2022, July). Barriers to U.S. parents talking to their adolescents about sex-positive and sex-risk topics. Poster presented at the Annual Meeting of the International Academy of Sex Research, Reykjavík, Iceland.
- \*Armstrong, M., \*Mullins, L., \*Becker, C., & **Widman**, L. (2022, April). Is father communication about sexual risks and protection related to safer-sex self-efficacy, condom attitudes, and partner sexual communication among adolescents? Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.
- Mullins, L., Becker, C., Armstrong, M., Hurst, J., & Widman, L. (2022, April). Barriers To Child-Parent Sexual Communication: "My child is too young". Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.
- \*Brasileiro, J., \*McCrimmon, J., \*Mullins, L., Norwalk, K., & **Widman**, L. (2022, February). Identifying disparities in access to sexual health information among youth in child welfare: results from a statewide sample of caregivers and a national sample of youth. Talk presented at the NC State Equity Research Symposium, Raleigh, North Carolina.
- \*McCrimmon, J., \*Brasileiro, J., \*Hurst, J., \*Javidi, H., **Widman**, L. (2022, February). Examining efficacy and acceptability of a sexual health program among racial and ethnic minority youth. Talk presented at the NC State Equity Research Symposium, Raleigh, North Carolina.

- Maheux, A. J., **Widman**, L., \*Hurst, J. L., \*Evans-Paulson, R., Craig, E., & Choukas-Bradley, S., (2022, February). Behavioral measures to assess adolescent sexual communication with partners: A systematic review and call for further studies. Data blitz talk presented at the Sexuality Preconference at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.
- Lipsey, N. P., Burnette, J. L., & **Widman**, L. M. (2022, February). Implementing a growth mindsets mental health intervention during the COVID-19 pandemic. Poster presented at the annual meeting of the Society for Personality and Social Psychology.
- \*Mullins, L., \*Brasileiro, J., & **Widman**, L. (2021, November). Do Adolescents in Child Welfare Know Where to Access Family Planning Services? Poster presented at the Society for the Scientific Study of Sexuality conference.
- \*Javidi, H., **Widman**, L., \*Evans, R., & \*Lipsey, N. (2021, November). Internal consent, affirmative external consent, and sexual satisfaction among young adults. Talk presented at the Society for the Scientific Study of Sexuality conference.
- \*Evans, R., **Widman**, L., Dodson, C., Scull, T., \*Javidi, H., Maheux, A. J., Nesi, J., & Choukas-Bradley, S. (2021, November). Promoting Adolescent Sexual Health in the Digital Age through Media Literacy and Sexual Communication. Symposium presented at the Society for the Scientific Study of Sexuality Conference, San Juan, Puerto Rico.
- \*Brasileiro, J., **Widman**, L., & \*Hurst, J. L. (2021, November). Sexual self-efficacy and sexual communication among adolescent girls: moderated mediation results from a randomized control trial. Abstract presented at the Scientific Study of Sexuality Conference, San Juan, Puerto Rico.
- \*Hurst, J. L., **Widman**, L., \*McCrimmon, J., \*Evans, R., & Choukas-Bradley, S. (2021, November). Parents' attitudes towards inclusion of comprehensive topics in sex: Associations with religiosity and political affiliation. Brief communication presented at the Society for the Scientific Study of Sexuality, San Juan, Puerto Rico.
- \*Evans, R., **Widman**, L., \*Javidi, H., & \*Lipsey, N. (2021, November). Is Regulatory Focus Related to Condom Use, STI/HIV Testing, and Sexual Satisfaction? Talk presented at the Society for the Scientific Study of Sexuality conference.
- \*Hurst, J. L., **Widman**, L., \*Evans, R., & Choukas-Bradley, S. (2021, May). Parents' attitudes towards including information about sexual orientation and gender in adolescent sex education: Associations with religiosity and political affiliation. Poster presented at the National LGBTQ Health Conference: Bridging Research & Practice, Virtual.
- \*Mullins, L., \*Smith, N., \*Williams, B., \*Lipsey, N., **Widman**, L. (2021, April). The relationship between different insurance types and youth's access of sexual health care services. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.
- \*Hurst, J. L., Hardy, S. A., & **Widman**, L., (2021, April). Socialization of attitudes towards having sex: A moderated mediation model. Poster presented at the Society for Research in Child Development, Virtual Conference.
- Bibby, E.S., **Widman**, L., Turpyn, C., Choukas-Bradley, S., Nesi, J., Prinstein, M.J., & Telzer, E.H. (February, 2021). A multi-wave assessment of racial, ethnic, and gender differences in adolescents' sexual communication with parents, peers, and partners. Poster presented at the Society for Personality and Social Psychology virtual conference.

- \*Lipsey, N. P., Burnette, J. L., & **Widman**, L. (February, 2021). Developing and testing a growth mindset intervention to improve youth mental health. Poster presented at the Intervention Science preconference at the Society for Personality and Social Psychology virtual conference.
- Maheux, A. J., Roberts, S. R., **Widman**, L., Nesi, J., & Choukas-Bradley, S. (February, 2021). Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness. Poster presented at the Society for Personality and Social Psychology virtual conference.
- \*Brasileiro, J., \*Spiva, S., **Widman**, L. (November, 2020). A Qualitative Examination of Factors Impacting Foster Youth Sexual Health/Sexuality. Brief communication presented at the Society for the Scientific Study of Sexuality conference, online.
- \*Brasileiro, J., **Widman**, L., Norwalk, K. (November, 2020). Identifying Gaps in Foster Parents' Training on Adolescent Sexual Health. Brief communication presented at the Society for the Scientific Study of Sexuality conference, online.
- \*Evans, R., **Widman**, L., \*Brasileiro, J., \*Maheux, A., Spiva, S., & Choukas-Bradley, S. (November, 2020). Sexual self-concept is related to partner sexual communication self-efficacy and behavior among adolescents. Brief communication presented at the Society for the Scientific Study of Sexuality conference, online.
- \*Javidi, H., **Widman**, L., \*Lipsey, N., \*Brasileiro, J., Javidi, F., Harbin, J. & Jhala, A. (November, 2020). Development, Acceptability, and Main Outcome Evaluation of a Reprogrammed Sexual Health Intervention for Teens. Brief communication presented at the Society for the Scientific Study of Sexuality conference, online.
- \*Evans, R., **Widman**, L., Stokes, M. N., \*Javidi, H., Hope, E. C., & \*Brasileiro, J. (April, 2020). Sexual Health interventions for Black and Latinx adolescents: Two meta-analyses. Poster submitted for the North Carolina State University Graduate Student Research Symposium, Raleigh, NC. (cancelled due to COVID)
- \*Adams, E. T., Noar, S. M., Nabi, R. L., \*Evans, R., & **Widman**, L. (April, 2020). Fear before hope: Assessing the effect of emotional flow in a youth opioid prevention narrative. Paper to be presented at the Kentucky Conference on Health Communication, Lexington, KY. (cancelled due to COVID)
- \*Evans, R., **Widman**, L., \*Stokes, M. N., \*Javidi, H., Hope, E. C., & \*Brasileiro, J. (May, 2020). Sexual Health interventions for Black adolescents: A meta-analysis. Talk submitted for the Society for Prevention Research conference, Washington, D.C. (cancelled due to COVID)
- \*Javidi, H., **Widman**, L., Harbin, J., Javidi, F., Gray, A., & Jhala, A. (May, 2020). Adapting an Online Health Intervention for Broader Dissemination and Implementation: Future Directions and Critical Lessons Learned. Abstract submitted to the annual meeting of the Society for Prevention Research, Washington, D.C. (cancelled due to COVID)
- Widman**, L., \*Javidi, H., Choukas-Bradley, S., & Nesi, J. (March 2020). Adolescent Sexual Communication and Behavior in the Digital Age: Sexting, Porn, and Using Social Media to Meet Partners. Talk to be presented at the annual meeting of the Society for Research on Adolescence, San Diego, CA. (cancelled due to COVID)
- Nesi, J., Choukas-Bradley, S., Maheux, A.J., Roberts, S.R., Sanzari, C., **Widman**, L., & Prinstein, M.J. (March 2020). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. Symposium to be presented at annual meeting of the Society for Research on Adolescence, San Diego, CA. (cancelled due to COVID)



- \*Drexler, S.A., Maheux, A. J., **Widman**, L., & Choukas-Bradley, S. (March 2020). Adolescent feminist identification and condom use intentions. Poster to be presented present at the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (cancelled due to COVID)
- Maheux, A. J., **Widman**, L., & Choukas-Bradley, S. (March 2020). Appearance-related math stereotypes and gender: The role of the “unattractive math nerd” archetype on adolescents’ math engagement. Poster to be present at the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (cancelled due to COVID)
- \*Javidi, H., **Widman**, L., Javidi, F., Gray, A., & Jhala, A. (2019, November). Adapting an online sexual health intervention for broader implementation to reduce disparities in adolescent sexual health. Poster presented at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
- \*Javidi, H., \*Maheux, A. J., **Widman**, L., Kamke, K., Choukas-Bradley, S., & Peterson, Z. D. (2019, November). Understanding adolescents' attitudes toward affirmative consent. Brief talk presented at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
- \*Brasileiro, J., **Widman**, L., & \*Evans, R. (2019, November). The role of social self-efficacy on adolescent sexual communication. Poster presented at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
- \*Stewart, J. L., Spivey, L. A., **Widman**, L., Choukas-Bradley, S., & Prinstein, M. J. (2019, November). Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years. Talk presented at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
- \*Evans, R., **Widman**, L., \*Stokes, M., \*Javidi, H., & Hope, E. (2019, November). Sexual health interventions for Black and Latinx adolescents: A meta-analysis. Poster presented at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
- Kamke K., \*Stewart, J. L., & **Widman**, L. (2019, November). Barriers to Safer-Sex Behaviors among Adolescent Girls. Talk presented at the Society for the Scientific Study of Sexuality Annual Meeting, Denver, Colorado.
- Desmarais, S., \*Evans, R., Neupert, S., \*Javidi, H., Cacace, S., \*Nance, A., & **Widman**, L. (2019, November). Role of stress in middle school students’ intentions to misuse opioids. Poster presented at the American Public Health Association Conference, Philadelphia, PA.
- Schleider, J. L., Burnette, J. L., **Widman**, L., Hoyt, C., & Prinstein, M. J (2019, November). Randomized trial of a single-session growth mindset intervention for rural adolescents’ internalizing and externalizing problems. Symposium talk presented at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
- Widman**, L., \*Javidi, H., Choukas-Bradley, S., & Nesi, J. (2019, July). Adolescent Sexual Behavior and Communication in the Digital Age: Sexting, Porn, and Using Social Media to Meet Partners. Brief communication talk presented at the International Academy of Sex Research conference, Mexico City, Mexico.
- \*Consing, G. E., \*Javidi, H., \*Evans, R., & **Widman**, L. (2019, April). Gender differences in the likelihood of parent-child communication about sex-positive topics. Poster presented at the NC State Spring Undergraduate Research and Creativity Symposium, Raleigh, NC.

- Maheux, A. J., \*Evans, R., **Widman**, L., Choukas-Bradley, S., & Prinstein, M. J. (2019, March). Sexting in adolescence: The role of peer influence and perceptions of peer norms. Poster presented at the annual Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.
- Choukas-Bradley, S., Nesi, J., & **Widman**, L. (2019, March). Social Media and Self-Objectification: Examining the Implications for Adolescents' Body Image and Mental Health. Talk presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
- Carrino, E. A., Bryen, C. P., Maheux, A. J., \*Stewart, J. L., **Widman**, L., & Choukas-Bradley, S. (2019, March). "They Want Equal Rights, But...": A Mixed methods investigation of adolescents' conceptions of feminism. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
- Bryen, C. P., Carrino, E. A., Maheux, A. J., \*Stewart, J. L., **Widman**, L., & Choukas-Bradley, S. (2019, March). Sexual and gender minority adolescents in a U.S. community sample: Understanding mental health disparities. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
- \*Stewart, J. L., Spivey, L. A., **Widman**, L., Choukas-Bradley, S., & Prinstein, M. J. (2019, March). Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years. Poster presented at the North Carolina State University Graduate Research Symposium, Raleigh, NC.
- \*Evans, R., \*Kamke, K., \*Stewart, J., & **Widman**, L. (2019, February). Gender differences in parent-child communication about positive and risky aspects of sexuality. Poster presented at the Society for Personality and Social Psychology conference, Portland, Oregon.
- \*Evans, R., \*Kamke, K., \*Stewart, J., \*Javidi, H., & **Widman**, L. (2018, November). Gender differences in parent-child communication about sexual risk and sex-positive topics. Poster presented at the Society for the Scientific Study of Sexuality conference, Montreal, Canada.
- \*Evans, R., \*Stewart, J. L., \*Gainey, C., & **Widman**, L. (2018, November). Relevance of family and school sex education to the romantic and sexual lives of youth: Experiences and awareness of sexual minority and heterosexual college students. Poster presented at the Society for the Scientific Study of Sexuality conference, Montreal, Canada.
- \*Stewart, J. L., \*Kamke, K., \*Evans, R., & **Widman**, L. (2018, November). Sexual rights: measuring and comparing current beliefs among emerging adults. Talk presented at the Society for the Scientific Study of Sexuality conference, Montreal, Canada.
- \*Kamke, K., \*Stewart, J. L., \*Evans, R., & **Widman**, L. (2018, November). Replicating Efficacy of a Web-Based Sexual Communication Intervention in a Sample of High-Risk Adolescent Girls. Talk presented at the Society for the Scientific Study of Sexuality conference, Montreal, Canada.
- Widman**, L., Nesi, J., \*Kamke, K., Choukas-Bradley, S., & \*Stewart, J. L. (2018, July). Technology-Based Interventions to Reduce STIs and Unintended Pregnancy Among Youth: A Meta-Analysis. Poster presented at the International Academy of Sex Research conference, Madrid, Spain.
- \*Kamke, K., & **Widman**, L. (2018, May). Replicating intervention efficacy with youth in community-based settings: process recommendations and program outcomes. Poster presented at the Society for Prevention Research Annual Conference, Washington, DC.

- Choukas-Bradley, S., Nesi, J., **Widman**, L., & Higgins, M. K. (2018, April). Carryover of social media audiences offline: Associations with late adolescent girls' appearance concerns and depressive symptoms. Symposium presented at biannual meeting of Society for Research on Adolescence, Minneapolis, MN.
- \*Kamke, K. & **Widman**, L. (2018, March). The protective effect of parent-daughter sexual communication on sexting behavior. Data blitz talk presented at the SPSP Sexuality Preconference, Atlanta, GA.
- \*Njie, N., & **Widman**, L. (2018, March). Dating violence among adolescent girls in rural North Carolina. Student selected as one of six undergraduates to present research poster to North Carolina State University Chancellor.
- Widman**, L., \*Stewart, J., Nesi, J., & Prinstein, M. J. (2017, November). Is *everyone* sexting? Adolescents' misperceptions of sexting among high status peers. Poster presented at the Society for the Scientific Study of Sexuality Annual Meeting, Atlanta, GA.
- \*Kamke, K., Owens, C., Armstrong, J., & **Widman**, L. (2017, November). Who do homeless youth talk to about sex? Findings from the North Carolina Youth Risk Behavior Survey. Poster presented at the Society for Scientific Study of Sexuality Annual Meeting, Atlanta, GA.
- \*Stewart, J. L., **Widman**, L. (2017, November). A Closer Look at Parent-Daughter Sexual Communication: Assessing the Dynamics and Protective Associations of Discussing Condoms. Poster presented at the Society for the Scientific Study of Sexuality conference, Atlanta, Georgia.
- \*Evans, R., **Widman**, L., Goldey, K. (2017, November). Adolescent sex education predicts adult sexual satisfaction and sexual risk: Examining the moderating roles of gender and sexual identity. Talk presented at the Society for the Scientific Study of Sexuality Annual Meeting, Atlanta, GA.
- \*Massey, J., **Widman**, L., & Golin, C. E. (2017, November). A qualitative examination of adolescent girls' sexual communication practices. Poster presented at the American Public Health Association conference, Atlanta, GA.
- \*Kamke, K., \*Stewart, J. L., & **Widman**, L. (2017, August). Adolescent girls' attitudes about sexual consent as a function of gender norms. Poster presented at the American Psychological Association Conference, Washington, DC.
- \*Roberts, R., **Widman**, L., \*Kamke, K., \*Kronschnabel, K., & \*Nance, A. (2017, August). The role of acculturation in sexual communication skill disparities among Hispanic youth. Poster presented at the American Psychological Association conference, Washington, DC.
- \*Stewart, J. L., \*Ball, I. & **Widman**, L., (2017, August). Applying a multi-factorial framework to parent-daughter communication about condom use. Poster presented at the American Psychological Association conference, Washington, DC.
- \*Gainey, C., **Widman**, L., \*Stewart, J. L., & Stewart, K. E. (2017, August). Evaluating college students' priorities of university-provided sexual health resources. Poster presented at the American Psychological Association conference, Washington, DC.
- \*Stewart, J. L., **Widman**, L., & \*Kamke, K. (2017, July). Moving beyond sexual risk: Do bisexual and heterosexual girls differ on characteristics of sexual well-being? Poster presented at the International Association of Sex Research conference. Charleston, South Carolina.

- Widman, L., \*Stewart, J. L., Choukas-Bradley, S., Nesi, J., & Prinstein, M. J. (2017, July).** Having “the talk”: A multi-wave assessment of parent-adolescent sexual communication. Poster presented at the International Association of Sex Research conference. Charleston, South Carolina.
- Widman, L., & \*Kamke, K. (2017, January).** HIV/STD prevention for adolescent girls: Evaluating changes in sexual communication, sexual self-efficacy, and health beliefs after a web-based sexual health program. Poster presented at the Society for Personality and Social Psychology annual conference, San Antonio, TX.
- \*Kamke, K., Widman, L. (2017, January).** The Multidimensionality of Adolescent Girls' Gender Attitudes. Poster presented at the Society for Personality and Social Psychology annual conference, San Antonio, TX.
- \*Kamke, K., Widman, L. (2017, January).** Adolescent Girls' Attitudes about Sexual Consent as a Function of Gender Norms. Data blitz talk presented at the Society for Personality and Social Psychology annual conference, San Antonio, TX.
- Widman, L., & Golin, C. E. (2016, November).** Critical Lessons Learned from the Development of an eHealth Program to Promote the Sexual Health of Adolescent Girls. Poster presented at the Society for the Scientific Study of Sexuality Conference, Phoenix, AZ.
- \*Stewart, J., Widman, L., & \*Kamke, K. (2016, November).** Examining the Quality of Sexual Communication with Mothers and Fathers: Do Daughters' Sexual Identities Matter? Poster presented at the Society for the Scientific Study of Sexuality Conference, Phoenix, AZ.
- McGirt, C., Golin, C. E., Grodensky, C. A., Suchindran, C., Bradley-Bull, S., Amola, K., Widman, L., Groves, J., & Kinkaid, C. (2016, October).** Relationship between features of motivational interviewing (MI) counseling and its effect on risky sexual behaviors among HIV-positive people. Poster presented at the American Public Health Association Conference.
- Widman, L., Golin, C. G., & Prinstein, M. J. (2016, June).** ProjectHeartForGirls.com: Acceptability and Preliminary Efficacy of an online HIV/STD prevention program for adolescent girls emphasizing sexual communication skills. Paper presented at the International Academy of Sex Research, Malmo, Sweden. **[Winner of Best Brief Communication Presentation Award]**
- \*Massey, J., \*Harris, J., \*Roberts, R., & Widman, L. (2016, May).** Development of an Online Sexual Health Program for Adolescent Girls: Program Development, Formative Research, and Critical Lessons Learned. Posted submitted for the SHIFT NC Statewide Conference.
- Widman, L., Golin, C. G., & Prinstein, M. J. (2016, March).** An eHealth approach to adolescent HIV/STD prevention: Program development, formative research, and some critical lessons learned. Paper presented at the Society for Research on Adolescence conference, Baltimore, MD.
- Nesi, J., Widman, L., Choukas-Bradley, S., & Prinstein, M. J. (2016, March).** Technology-Based Communication and the Development of Interpersonal Competencies Within Adolescent Romantic Relationships. Poster presented at the Society for Research on Adolescence conference, Baltimore, MD.
- \*Roberts, R., & Widman, L. (2016, February).** Randomized Controlled Trial of a Web-Based HIV and STD Prevention Program for Adolescent Girls. Student selected as one of four undergraduates to present research poster to North Carolina State University Chancellor.
- Widman, L., Choukas-Bradley, S., Prinstein, M. J. (2015, August).** Sex and Susceptibility: Predicting Youth Susceptibility to Peer Influence in Sexual Situations with an Experimental Approach. Paper presented at

the International Academy of Sex Research conference, Toronto, Canada.

- Widman, L., Choukas-Bradley, S., Prinstein, M. J.** (2014, November). Adolescents' susceptibility to peer influence on sexual risk behavior: An experimental approach. Paper presented at the National Center for AIDS Research Symposium, Providence, Rhode Island.
- Widman, L., Noar, S. M., Choukas-Bradley, S., & Francis, D.** (2014, June). Adolescent sexual health communication and condom use: A meta-analysis. Paper presented at the International Academy of Sex Research conference, Dubrovnik, Croatia.
- Widman, L., Nesi, J., Choukas-Bradley, S., & Prinstein, M. J.** (2014, April). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. Paper presented in J. Y. Berkley-Patton & L. M. Quintiliani (Co-Chairs), *Sexual health and risk behaviors*. Society of Behavioral Medicine, Philadelphia, PA.
- Widman, L., Noar, S. M., Choukas-Bradley, S., & Francis, D.** (2014, April). Meta-analysis of adolescent sexual communication and condom use. Paper presented in J. Y. Berkley-Patton & L. M. Quintiliani (Co-Chairs), *Sexual health and risk behaviors*. Society of Behavioral Medicine conference, Philadelphia, PA.
- Widman, L., Choukas-Bradley, S., Helms, S. W., & Prinstein, M. J.** (2014, March). Developmental predictors of early adolescent sexual communication with parents and partners over one year. Paper presented at the Society for Research on Adolescence conference, Austin, TX.
- Choukas-Bradley, S., **Widman, L.**, & Prinstein, M. J. (2014, March). Injunctive and descriptive social norms as prospective predictors of early adolescents' noncoital and coital sexual behaviors. Paper presented at the Society for Research on Adolescence conference, Austin, TX.
- Widman, L., Choukas-Bradley, S., Helms, S. W., & Prinstein, M. J.** (2013, April). Sexual communication between early adolescents and their dating partners, parents, and best friends. Paper presented at the Society for Research on Child Development conference, Seattle, WA.
- Widman, L., Golin, C. E., & Noar, S. M.** (2012, July). When do intentions to use condoms lead to action? Examining the role of sexual communication on safer sexual behavior among people living with HIV. Poster presented at the International AIDS meeting, Washington, DC.
- Noar, S. M., **Widman, L.**, Fitts Willoughby, J., Golin, C. E., & Crosby, R. (2012, July). Incarceration and unstable housing interact to predict sexual risk behaviors among low income, heterosexually active African Americans. Poster presented at the International AIDS meeting, Washington, DC.
- Przybyla, S. M., Golin, C. E., **Widman, L.**, Grodensky, C. A., Earp, J. A., & Suchindran, C. (2012, July). Serostatus disclosure to sexual partners among people living with HIV: Examining the roles of partner characteristics and stigma. Poster presented at the International AIDS meeting, Washington, DC.
- Widman, L., Golin, C. E., & Noar, S. M.** (2012, March). Individual and interactive effects of condom use intentions and sexual communication on safer sexual behavior among adults living with HIV. Poster presented at the Center for AIDS Research: Social and Behavioral Sciences Research Network annual meeting, Chapel Hill, NC.
- Widman, L., Golin, C. E., Grodensky, C. A., & Suchindran, C.** (2011, August). Sexual attitudes, beliefs, and transmission risk behavior in people living with HIV. Poster presented at the Center for Disease Control National HIV Prevention Conference, Atlanta, GA.

- Grodensky, C. A., Golin, C. E., Davis, R. A., Kincaid, C., Parikh, M., Earp, J. A., **Widman, L.**, & Chariyeva, Z. (2011, August). Does quality of SafeTalk motivational interviewing predict risky sex outcomes? Poster presented at the Center for Disease Control National HIV Prevention Conference, Atlanta, GA.
- Widman, L.**, & Olson, M. A. (2009, February). Self-reported versus implicitly-assessed rape attitudes as predictors of rape. Poster presented at the annual convention of the Society for Personality and Social Psychology, Tampa, FL.
- Widman, L.**, & McNulty, J. K. (2008, August). Sexual narcissism and the confluence model of sexual aggression. Poster presented at the annual convention of the American Psychological Association, Boston, MA.
- Widman, L.**, & Olson, M. A. (2008, February). Uncovering the unacceptable: Automatic rape attitudes exposed through evaluative priming. Poster presented at the annual convention of the Society for Personality and Social Psychology, Albuquerque, NM.  
**[Winner of Best Student Presentation Award]**
- Widman, L.**, & McNulty, J. K. (2007, November). Sexual narcissism: Refining the narcissistic reactance theory of rape and sexual coercion. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Lustyk, M. K. B., Gerrish, W. G., Muljat, A. M., & **Widman, L.** (2007, March). Is the relationship between abuse history and premenstrual symptomatology affected by perceived stress? Paper presented at the annual convention of the Society of Behavioral Medicine, Washington, DC.
- Widman, L.** (2006, June). Empirical research on sexual assault prevention: What do we know and how can we apply it? Invited talk at the Tennessee Higher Education Partners in Prevention Conference; Nashville, TN.
- Widman, L.**, Furr, R., Welsh, D. P., & Little, K. C. (2006, March). An exploration of sexual communication in adolescent dating couples. Symposium presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.
- Little, K. C., **Widman, L.**, Welsh, D. P., & Darling, N. (2006, March). Predictors of romantic relationship trajectories: Breakup and recovery. Symposium presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.
- Furr, R., **Widman, L.**, & Welsh, D. P. (2006, March). The chicken or the egg? Aggression and depression in adolescent romantic relationships. Symposium presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.
- Frey, R., Houston, A., Arick, H., **Widman, L.**, & Welsh, D. P. (2005, March). Sexual Communication and Contraceptive Use in Adolescent Dating Partners. University of Tennessee Undergraduate Poster Session. Knoxville, Tennessee.
- Widman, L.**, Welsh, D. P., Haugen, P. T., Darling, N., & Grello, C. (2005, February). A developmental investigation of adolescent romantic couples' sexual behaviors and relationship characteristics. Paper presented at the annual convention of the Conference on Emerging Adulthood, Miami, FL.
- Widman, L.**, Worrell, K., Soule, E., Lustyk, M. K. B., & Paschane, A. A. (2004, April). Implications of gender on sense of control reports. Poster presented at the annual convention of the Western Psychological Association, Tempe, Arizona.



Lustyk, M.K.B., Paschane, A. & **Widman**, L. (2004, April). Stress, quality of life and physical activity in women with varying premenstrual symptomatology. Society of Behavioral Medicine, Baltimore, Maryland.

**Widman**, L., Lustyk, M. K. B., & Paschane, A. A. (2003, August). Sexual abuse and body image: Does age of abuse matter? Poster presented at the annual convention of the American Psychological Association, Toronto, Canada.

Lustyk, M.K.B., **Widman**, L., Paschane, A.A., & Ecker, E. (2003, April). Physical activity and quality of life: Assessing the influence of activity frequency, intensity, volume and motives. Society of Behavioral Medicine, Provo, UT.

Weathers, R., Lustyk, M.K.B., **Widman**, L., & Ecker, E. (2002, June). Relationships among BMI, physical activity, and reasons for exercise in male and female college students. American College of Sports Medicine, St. Louis, MO.

Paschane, A. A., Lustyk, M. K. B., **Widman**, L., & Sadak, T. (2002, August). Effect of control and stress on quality of life. Poster presented at the annual convention of the American Psychological Association, Chicago, IL.

Lustyk, M.K.B., Ecker, E., **Widman**, L. & Paschane, A. (2002, April). Does exercise intensity affect the relationship between exercise and quality of life? Western Psychological Association, Irvine, CA.

Lustyk, M.K.B., Paschane, A., Ecker, E. & **Widman**, L. (2002, April). Exercise and quality of life in college students: Do exercise motives make a difference? Western Psychological Association, Irvine, CA.

## **INVITED PRESENTATIONS**

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**Widman**, L. (2025, September). Being an approachable parent. Invited talk presented at the Stay-at-Home Dads Network annual conference. San Antonio, TX.

**Widman**, L. (2025, September). Designing for dialogue: Developing an app to help parents talk about sex. Invited talk presented at the Sexual Health Alliance Annual Meeting. Virtual.

**Widman**, L. (2025, February). Adolescent sexual health and wellbeing. Sex Therapy Training program at the Institute for Contemporary Psychotherapy (ICP), New York, NY.

**Widman**, L. (2025, January). Beyond “The Talk”: Tips for more open conversations with kids about sex and relationships. DadX webinar for Stay-at-Home Dads Network. Virtual.

**Widman**, L. (2023, April). The online future of sex ed: How can we support adolescent sexual health through digital health approaches? Psi Chi invited keynote address. Southeastern Psychological Association meeting, New Orleans, LA.

**Widman**, L. (2023, March). Exploring the commercial potential of your innovation through NSF I-Corps. Invited panelist, Women in Bio networking event, Raleigh, NC.

**Widman**, L. (2020, October). Life after psychology internship: Next steps. Invited didactic; UNC Chapel Hill School of Medicine, Clinical Psychology Internship Program.

**Widman**, L. (2019, November). Life after psychology internship: Next steps. Invited didactic; UNC Chapel Hill School of Medicine, Clinical Psychology Internship Program.

- Widman, L.** (2019, April). Sexual development in the digital age: Using new technologies to improve adolescent sexual health. Invited seminar for the UNC Developmental Lunch Series.
- Widman, L.** (2018, August). Utilizing digital health to improve adolescent sexual health: Challenges and Opportunities. Invited Plenary Address for the Center for Disease Control STD Prevention Conference, Washington, DC.
- Widman, L.** (2018, April). eHealth program development: Lessons learned from Project HEART. Invited lecture; UNC Chapel Hill School of Journalism and Mass Media.
- Widman, L.** (2018, November). Life after psychology internship: Next steps. Invited didactic; UNC Chapel Hill School of Medicine, Clinical Psychology Internship Program.
- Widman, L.** (2018, January). Postdoctoral fellowships in psychology. Invited lecture; UNC Chapel Hill Department of Psychology.
- Widman, L.** (2017, November). Life after psychology internship: Next steps. Invited didactic; UNC Chapel Hill School of Medicine, Clinical Psychology Internship Program.
- Widman, L.** (2017, September). Creating program objectives for behavioral interventions. Invited lecture; UNC Chapel Hill School of Public Health, Health Behavior course.
- Widman, L.** (2017, March). Assessing and addressing the role of sexual communication in adolescent HIV/STD prevention. Invited talk for research brown bag, University of North Carolina, Greensboro, Department of Psychology.
- Widman, L.** (2017, January). Let's talk about sex: The importance of addressing sexual health issues in clinical practice. Grand Rounds Presentation, Medical University of South Carolina Department of Psychiatry.
- Widman, L.** (2016, November). Life after psychology internship: Next steps. Invited didactic; UNC Chapel Hill School of Medicine, Clinical Psychology Internship Program.
- Widman, L.** (2016, March). Research translation with diverse audiences: Using case studies to illuminate barriers and solutions. Invited panelist for roundtable workshop at Society for Research on Adolescence Conference.
- Widman, L.** (2015, December). Tips for writing a successful K99/R00 application. Invited didactic; UNC Chapel Hill Cancer Control Education Program fellow seminar.
- Widman, L.** (2015, October). Life after psychology internship: Next steps. Invited didactic; UNC Chapel Hill School of Medicine, Clinical Psychology Internship Program.
- Widman, L., Choukas-Bradley, S. & Prinstein, M. P.** (2014, May). Understanding peer influence on adolescent sexual risk behavior. UNC Center for AIDS Research Community Advisory Board.
- Widman, L.** (2013, April). Sexual communication and HIV risk reduction for adolescents. University of North Carolina, Chapel Hill Division of Infectious Diseases.
- Widman, L.** (2011, January). Addressing sexual health issues in clinical practice. Invited didactic; University of North Carolina, Chapel Hill Department of Psychiatry.

**Widman, L.** (2008, January). Safe, strong, and street wise: The truth behind the statistics. Invited address on violence against women initiatives on campus for the University of Tennessee Department of Student Affairs Professional Development Program.

## **DIGITAL TRAININGS**

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\*Javidi, H., \*Brasileiro, J., \*Hurst, J., & **Widman, L.** (2021). Substance Use and Adolescence. [Moodle Course]. Center for Family and Community Engagement, NC State University. <https://moodle-outreach.wolfware.ncsu.edu/course/view.php?id=1020&section=5>

\*Hurst, J., \*Brasileiro, J., \*Javidi, H., & **Widman, L.** (2021). HIV/AIDS/STDs: Basic Foundation & Emerging Issues. [Moodle Course]. Center for Family and Community Engagement, NC State University. <https://moodle-outreach.wolfware.ncsu.edu/course/view.php?id=1020&section=4>

**Widman, L.** (2015). Health Education and Relationship Training (HEART): An online adolescent sex education program. Funded by National Institutes of Health. HD075654.

## **TEACHING APPOINTMENTS**

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### Course Instructor

**Professional Development Seminar.** *Graduate Course*

Fall 2024, Fall 2023, Spring 2023, Fall 2021, Fall 2020, Fall 2019, Fall 2017, Fall 2016

**Grant Writing for Social & Behavioral Sciences.** *Graduate Course*

Spring 2021, Spring 2019

**Human Sexuality.** *Undergraduate Course*

Fall 2024, Fall 2023, Fall 2022, Fall 2021, Spring 2020, Fall 2017, Fall 2016, Spring 2009, Fall 2008, Summer 2008

**Introductory Psychology.** *Undergraduate Course*

Spring 2023, Fall 2020, Fall 2019, Fall 2018, Fall 2015, Spring 2008, Fall 2007, Summer 2007

**Independent Study in Psychology: Research.** *Undergraduate Course*

Every semester 2015-Present

**Psychological Assessment.** *Graduate Course*

Spring 2015

**Research Ethics Seminar** (small group discussion leader). *Graduate Course*

Fall 2012, Fall 2011

### Guest Lectures

**Grant Writing.** Grant Writing Course. *Graduate*

Spring 2024, Spring 2025

**Meta Analysis.** Meta-Analysis Course. *Graduate*

Fall 2024, Spring 2022, Fall 2019

**Sexual Education.** Health Psychology. *Undergraduate.*

Spring 2023

**eHealth Program Development.** Intervention Development. *Graduate*

Spring 2020

**Next Steps for PhDs.** Psychology Internship Seminar. *Graduate*

Fall 2019, Fall 2017, Fall 2015

**Postdoctoral Fellowships.** Professional Development Seminar. *Graduate*

Spring 2018

**Intervention Development.** Public Health Interventions. *Graduate*

Fall 2017

**Health Communication.** Health Psychology. *Graduate*

Spring 2017

**Psychology of Human Sexuality.** Intro Psychology. *Undergraduate*

Spring 2016

**Psychology of Human Sexuality.** Applied Psychology. *Undergraduate*

Spring 2016

**Writing Training Grants.** Cancer Fellowship Seminar. *Graduate*

Fall 2015

**Sexual Health.** Health Psychology. *Graduate*

Spring 2015

**Intro to Forensic Psychology.** Clinical Psychology. *Undergraduate*

Spring 2014

**Forensic Assessment.** Clinical Assessment. *Graduate*

Fall 2013

**Psychological Disorders.** Introductory Psychology. *Undergraduate*

Spring 2006

## **PEER-REVIEW POSITIONS**

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### Associate Editor

*Journal of Sex Research* (2023-Present)

### Editorial Board Member

*Archives of Sexual Behavior* (2016-Present)

*Journal of Sex Research* (2016-2023)

*Psychology of Women Quarterly* (2013-2017)

### Ad-Hoc Peer Reviewer

*Aggressive Behavior*

*AIDS and Behavior*

*AIDS Care*

*AIDS Education and Prevention*

*American Journal of Public Health*

*American Journal of Sexuality Education*

*Archives of Pediatrics & Adolescent Medicine*

*Archives of Sexual Behavior*

*Child Development*

*Communication Research*

*Gender Issues*

*Health Communication*

*Health Psychology*

*JAMA Pediatrics*

*JAIDS*

*Journal of Adolescent Health*

*Journal of Clinical Child & Adolescent Psychology*

*Journal of Consulting and Clinical Psychology*

*Journal of Family Communication*

*Journal of Experimental Social Psychology*

*Journal of Health Communication*

*Journal of Personality*

*Journal of Personality and Social Psychology*

*Journal of Prevention and Health Promotion*

*Journal of Public Health Research*

*Journal of Research on Adolescence*

*Journal of Sex Research*

*Journal of Sexual Aggression*

*Journal of Social & Personal Relationships*

*Journal of Trauma and Dissociation*

*Pediatrics*

*Personality and Social Psychology Bulletin*

*PLOS One*

*Psychology and Sexuality*

*Psychology of Men & Masculinity*

*Psychology of Women Quarterly*

*Sex Education*

*Sex Roles*

*Sexually Transmitted Diseases*

*Sexually Transmitted Infections*

*Sexuality & Culture*

*Sexuality Research and Social Policy*

*Translational Behavioral Medicine*

### **RESEARCH APPOINTMENTS**

#### **K99/R00 Postdoctoral Fellowship**

09/13 – 06/15

University of North Carolina, Chapel Hill. NIH/NICHD K99 (HD 075654-01): Preventing HIV among Adolescents. *Research Mentors:* Mitch Prinstein, PhD, & Carol Golin, MD. *Advisory Board Members:* Seth Noar, PhD, Jane Brown, PhD, & Daniel Bauer, PhD

#### **T32 Postdoctoral Fellowship**

09/10 – 08/13

University of North Carolina, Chapel Hill. NIH/NIAID T32 (AI 07001-34): Training in Sexually Transmitted Diseases and HIV. *Research Mentor:* Carol Golin, MD. *Training Director:* William Miller, MD, PhD

#### **Primary Investigator on Graduate Research Projects**

07/06 – 07/09

University of Tennessee. Pre-dissertation and dissertation research projects on men's automatic attitudes about sex, violence, and rape. *Research Mentor:* Michael Olson, PhD.

#### **Graduate Research Assistant**

06/04 – 08/07

University of Tennessee. NICHD-funded longitudinal project: Development of Adolescent Romantic Relationships (R01 HD039931). *Research Mentor:* Deborah Welsh, PhD.

#### **Undergraduate Research Assistant and Project Coordinator**

05/01 – 05/04

Seattle Pacific University. Women's Psychophysiology Lab. *Research Mentor:* Kathy Lustyk, PhD.

## CLINICAL SUPERVISION & CLINICAL APPOINTMENTS

<b>Clinical Assessment Supervisor.</b> UNC Psychology Training Clinic Supervise graduate students on clinical assessment cases.	10/13 – 06/15
<b>Clinical Postdoc.</b> University of North Carolina, Psychology Department Clinical research study (R01 MH085505). <i>PI and Supervisor:</i> Mitch Prinstein, PhD	11/10 – 09/13
<b>Predoctoral Intern, Clinical Forensic Track.</b> University of North Carolina APA-accredited clinical psychology internship. <i>Training Director:</i> Gladys Williams, PhD	08/09 – 08/10
<b>Clinical Assessment Extern.</b> Knox County Juvenile Court. <i>Primary Supervisor:</i> Lance Laurence, PhD	08/06 – 08/07
<b>Clinical Psychology Extern.</b> Peninsula Village Adolescent Residential Treatment <i>Primary Supervisor:</i> Barbara Taylor, PhD	06/06 – 07/07
<b>Clinical Psychology Trainee.</b> University of Tennessee Psychology Clinic <i>Primary Supervisors:</i> Kristina Gordon, PhD, Derek Hopko, PhD, & Todd Moore, PhD	07/05 – 07/09

## SERVICE AND EXTENSION

### University and Departmental Service

Student awards committee, NC State Psych Department	2025
Undergraduate Scholarship Committee, NC State College of Humanities and Social Sciences	2025
New building committee, NC State Psych Department	2024-2025
CHASS signature event planning committee, NC State CHASS	2024-2025
Global One Health Fellows program reviewer, NC State University	2024, 2025
University Faculty Scholar Nominations Committee, NC State College of Humanities & Social Sciences	2021, 2024
University Research Committee, NC State University	2023-present
Mentor to junior faculty members, NC State Psych Department	2020-present
Post tenure review committee, NC State Psych Department	2023
Pack Promise mentor, NC State College of Humanities & Social Sciences	2022-Present
Faculty search committee, NC State Psych Department	2022
Area Coordinator, NC State Applied Social Psychology Program	2019-Present
Research Committee, NC State College of Humanities & Social Sciences	2019-Present
Social and Behavioral Health Research Group, Co-Organizer. NC State Psych Department	2015-Present
Faculty Preceptor for Graduate Teaching Assistants. NC State Psych Department	2015-Present
External Reviewer for Master's in Clinical Mental Health Counseling program at UNC-CH	2021
Junior Faculty Award Committee, NC State College of Humanities & Social Sciences	2020, 2021, 2022
Faculty Advisor, Peers in Social and Community Psychology. NC State Psych Department	2018, 2019
Search Committee Member. NC State Psych Department	2018, 2019
NC State Humanities Extension Program, "Careers in Psychology" lecture, Brevard, NC	2018
Undergraduate Research Information Event, Department Representative. NC State	2017, 2018

### Professional and Other Community Service

External tenure letter writer for 7 faculty being considered for promotion	2021-present
NIH-NICHD Study Section Temporary Member; Health, Behavior, and Context (CHHD-M)	2025
NIH-NIDA Study Section Reviewer for Special Emphasis Panel (ZDA1 GDB-S)	2025
Publications Committee Member. Society for the Scientific Study of Sexuality	2024-Present
External Evaluator for PhD Thesis. University of Guelph	2024
Student Award Committee. International Academy of Sex Research.	2023, 2024
Panel Member, Teen Pregnancy Prevention Evidence Review, U.S Department of Health and Human Services	2024

Associate Editor for <i>Journal of Sex Research</i>	2023-present
Conference Co-Chair. Society for the Scientific Study of Sexuality	2020, 2021
External Reviewer for Clinical Counseling program at East Carolina University	2020
Scientific Program Committee. International Academy of Sex Research	2016, 2017, 2018, 2021
Abstract Reviewer. International Academy of Sex Research.	2019, 2022, 2023
Abstract Reviewer. Society for Research on Adolescence	2019
UNC Center for AIDS Research, Advisory Board Member. UNC Chapel Hill	2017–2019
Abstract Reviewer. Society for the Scientific Study of Sexuality	2017, 2018
Brief Communication and Poster Judge. International Academy of Sex Research	2016, 2017
Psychology Internship Support Group, Facilitator. UNC, Chapel Hill	2013–2014
Girls on the Run, Volunteer Head Coach. Durham, NC	2012–2012
Violence against Women Committee, Chairperson. University of Tennessee	2006–2009
Safe Haven Sexual Assault Crisis and Recovery Center, Volunteer. Knoxville, TN	2005–2006
King County Crisis Phone Line, Volunteer. Seattle, WA	2001–2002

**PROFESSIONAL AFFILIATIONS**

- International Academy of Sex Research (IASR)
- Society for the Scientific Study of Sexuality (SSSS)
- Society for Personality and Social Psychology (SPSP)
- Society for Research on Adolescence (SRA)